Pramek Course List General Information

This document is subject to change. This document is dated 1/9/2018. This document is for informational purposes only and is not a contract.

Seminars and in-person training are the highest form of training in Pramek. Our courses are defined based on general themes that cover a wide range of subjects. We have developed the rules below because, after 20 years, we have seen situations arise which are best addressed in the agreement at the very beginning of the seminar!

- -All courses are taught in 10 hour blocks, with an optional 4 hour block the next day included in the price.
- -Course prices are negotiable based on course subject matter.
- -In order to achieve maximum educational value, Pramek limits seminars to 15 participants per one Pramek instructor for martial art/LE/fitness, and 60 participants for confidence/Pastless seminars.
- -Prices quotes for instructor must be paid a minimum of 60 calendar days in advance of the date of the seminar, or with special arrangement, a deposit of 50% paid 60 calendar days in advance and remainder paid day of seminar not to exceed \$1000 cash.
- -If organizer does not own the facility where the seminar will take place, the organizer must submit documentation of the facility being reserved, with the owner or manager's signature, 60 calendar days in advance of the seminar to show that the facility is reserved.
- -Travel and accommodations requirements are course and location specific, and can often be arranged at no cost to the hosting group or school. All travel and accommodations must be paid in full 60 calendar days before date of seminar, with proof emailed to instructor.
- -All instructors for Pramek who travel must be booked in either a coach window or aisle seat according to what the instructor requests no middle seats will be accepted for booked travel. Pramek instructors are expected to be booked to arrive at a minimum 12 hours before the published seminar start and should depart at least 12 hours after the published seminar end time.
- -Instructors must be provided travel from the airport to the lodging location, from lodging to training facility, facility to lodging, and lodging to airport. Instructors are expected to pay for their own food, drinks, etc.
- -Requisite facility equipment for all courses is an indoor or covered outdoor location with a minimum .5 inch padding; one of the following: a 2x2 white board/mirror/or 3x2 30 page paper flip-chart; markers or dry-erase markers (1 black, 1 blue, 1 red, 1 green); one toilet facility within

- 100 feet of the training area, and one sink with supplied soap for washing hands, unless otherwise agreed upon.
- -Requisite student equipment is recommended as follows: hydration, food, pen, paper, personal safety gear and clothing, etc.
- -Courses listed in red are highly challenging in skill, fitness, and mental capacity. These courses are not recommended for beginners.
- -ALL participating and observing students and hosting facility are required to fill out an informed consent waiver, with government issued ID available for identification verification. There is no exception to this. All seminars are age 18 and up unless a parent or legal guardian is willing to sign all legal documents on behalf of a minor and be present for the entirety of the seminar.
- -Seminars are filmed by Pramek and participants are encouraged to film seminars with their own phone, camera, etc. That said, ALL participants and observers must sign a model-release form provided by Pramek. Participants wishing not to be filmed must make this known prior to seminar start and Pramek will attempt to accommodate these needs but makes no promises of total accommodation unless a LE or MIL or SEC only seminar.
- -Law Enforcement Courses are for sworn law enforcement or support personnel only, or for recognized private security companies or contracting companies with an active DUNS identification number.. Some courses may be covered under ITAR and this must be discussed prior to non-United States seminars.
- -Pramek reserves the right to refuse training to any individual or school, at any time, before or during a seminar.
- -Payment must be arranged through Paypal or the Pramek site, and in limited cases, on site. Payment amounts will be agreed upon, and once paid on site, are not refundable. Pramek instructors paid in cash shall be paid no more than \$1000 cash, in bills no less than \$20, and once paid will not refund any money. Any amount over \$1000 cash will require additional discussion on security and transfer.
- -Cancellations: If a seminar must be cancelled and can not be rescheduled, the following will be considered cancellation fees:

Notification in 31+ calendar days of seminar: 10% of total monies paid will be held as a cancellation fee. 90% will be refunded:

Notification in 30+ calendar days of seminar: 25% of total monies paid will be held as cancellation fee, 75% refund;

Notification in 15-30 calendar days of seminar: 50% of total monies paid will be held as a cancellation fee, 50% will be refunded;

Notification in 7-14 calendar days of seminar: 75% of total monies paid will be held as a cancellation fee, 25% will be refunded.

Notification in 1-7 calendar days of seminar: 100% of total monies paid will be held as a cancellation fee, 0% refund.

In case of cancellation and rescheduling, all travel and accommodations changes will be the responsibility of the organizer. Pramek and it's instructors will take no responsibility for travel and accommodation changes due to organizer rescheduling, and if rescheduling is not done for travel and accommodations and a Pramek instructor is unable to make the seminar due to this reason - Pramek will refund 0% of monies paid and keep 100% as a cancellation fee.

-Refunds: All monies and payments are the responsibility of the seminar organizer. Pramek will only discuss financial and payment matters with the seminar organizer. As a rule, once money is paid to Pramek, Pramek will issue no refunds outside of cancellation fees and cancellation refunds with the organizer listed previously. If a student wishes to have their money refunded because they are unable to attend a seminar or another reason, this is the responsibility of the seminar organizer to address - Pramek personnel at no time will trade money with a seminar participant outside of the organizer for any reason.

-Please contact info@pramek.com to discuss bringing a course to your school and to see full terms and conditions of a seminar.